

Gentle Tai Chi

£5

Suitable for all levels, including beginners

Fridays 10.00am

Frank Myler Pavilion

Liverpool Road, Widnes, WA8 7EZ

(Sat Nav Ditton Primary School WA8 7HD)

Frank Myler pavilion: 0151 511 8282

For further information on physical activity in Halton:

Call Paula Parle 0151 511 8550

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